



VEGAN MENU

VEGAN BREAKFAST

- FRUIT SALAD (V/VG/GFO) 12.50
seasonal fruit, coconut yoghurt, passionfruit
- TOAST - 1 OR 2 SLICES (V/VG/GFO) 4.20/7.80
ciabatta / rye or gluten free
choice of 'gran & pops' strawberry, plum & rhubarb, apricot jam or mystic mandarin marmalade
- GRANOLA YOGHURT BOWL (V/VG) 13.90
crunchy TODS made granola, mango compote, coconut yoghurt, dragon fruit & lime, toasted coconut
- AVOCADO SMASH (V/VG/GFO) 19.50
smashed avocado on toasted rye, with rocket, heirloom tomatoes, vegan feta & EVOO, seed mix
- BREAKFAST BRUSCHETTA (V/VG/GFO) 18.50
two ciabatta toasts, roasted heirloom cherry tomatoes, 'agradolce' onions, balsamic vinegar, fresh basil, EVOO

VEGAN SMOOTHIES & JUICE

- BRILLIANT BANANA (dairy free) 9.80
banana, almond milk, coconut yoghurt, peanut butter, cinnamon sugar
- BERRY BLITZ (dairy free) 9.80
mixed berries, strawberry sorbet, apple & blackcurrant
- MANGO BANGO (dairy free) 9.80
mango, mango sorbet, apple, coconut water, passionfruit
- GET UP & GO (dairy free) 11.00
banana, coconut milk, TODS granola, peanut butter
- 'PRESSED EARTH' FRESH JUICES 7.95 / 8.95
see the display cabinet for the day's flavours

(EVOO) extra virgin olive oil / (V) Vegetarian / (VG) Vegan / (VO) Vegetarian Option / (GFO) gluten free option

15% SURCHARGE APPLIES ON ALL PUBLIC HOLIDAYS



VEGAN COFFEE MADE WITH YOUR FAVOURITE ALTERNATIVE MILKS, VEGAN & DELICIOUS

VEGAN LUNCH

- PUMPKIN SOUP (GFO) 14.00
pumpkin, carrot & sweet potato soup, coconut yoghurt, pepita brittle, ciabatta
- ROCKMELON & ROCKET SALAD (GF) 21.50
rockmelon, vegan feta, toasted walnuts, rocket, cucumber, EVOO, white balsamic
- MUSHROOM & ASPARAGUS SALAD (GF) 24.50
roasted & pickled mushrooms, fresh asparagus, rocket, vegan feta, pickled shallots, toasted pine nuts, white balsamic, EVOO
- THAI NOODLE SALAD (GF) 19.70
vermicelli noodles, cucumber, mint, coriander, pickled cabbage, rocket, bean shoots, fried shallots, peanuts, chilli, thai dressing
- HOUSE SALAD (V/VG/GF) 12.00
cos lettuce, cucumber, heirloom tomato, EVOO & balsamic vinegar



VEGAN BEER & WINE

- BABYDOLL SAUVIGNON BLANC 9.00 / 45.00
new zealand marlborough savy and its vegan!
- PINKYS SUNSET CIDER 9.50
gauge roads made pink lady apple cider, 330ml, 4.5%
- GREAT NORTHERN 9.50
super crisp mid strength lager, 330ml, 3.5%
- PERONI NASTRO AZZURO 9.50
italys finest lager, 330ml, 5%
- MATSO'S GINGER BEER 10.00
served with ice & lime, 330ml, 3.5%
- HEINEKEN '0.0' LAGER 9.00
pure malt lager, 330ml, 0%